



nh healthy families™

It's easy to earn My Health Pays® reward dollars.
And you decide how to use them!*


Get Started!



Take charge of your health and be a Health Hero! Having a Primary Care Provider (PCP) is one of the most important health care decisions you can make. Your PCP is your starting point for getting the care you need and keeping you healthy. Many of the rewards* you can earn happen regularly at your wellness visits with your PCP. They can identify any risks to your health and determine any testing you will need to stay healthy and avoid certain conditions.

USE YOUR MY HEALTH PAYS®* REWARDS TO HELP PAY FOR:

- Utilities
- Telecommunications - Cell Phone Bill
- Education
- Expenses for Dental, Chiropractic and Other Medical Services
- Transportation
- Childcare Services
- Rent

OR, YOU CAN USE THEM TO: • Shop at **Walmart**  for everyday items***

We will mail your **My Health Pays*** Visa® Prepaid Card** to you upon enrollment. You can keep earning **My Health Pays*** rewards by completing more healthy activities. Your rewards will be added to your card once we are notified.

After you complete a healthy activity, we will add the reward dollars you have earned directly to your **My Health Pays*** Visa® Prepaid Card**.



See reverse side for some important My Health Pays® dollar rewards* for completing healthy activities. For a full listing, please visit nhhealthyfamilies.com.



*Some restrictions and limitations apply. Each member can earn up to \$250 in cash and non-cash goods and services through June 30 each year.

**This card is issued by The Bancorp Bank, N.A., Member FDIC, pursuant to a license from Visa U.S.A. Inc. Card cannot be used everywhere Visa debit cards are accepted. See Cardholder Agreement for complete usage restrictions.

***This card may not be used to buy alcohol, tobacco, or firearms products.

Funds expire 90 days after termination of insurance coverage or 365 days after date reward was earned, whichever comes first.

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REWARDS* FOR ADULTS, YOUNG ADULTS, CHILDREN & INFANTS

Welcome Call	\$30* Reward for new members who complete a welcome call to include PCP verification, initial screening, and PCP appointment scheduling within the first 90 days from enrollment to the plan.
Health Risk Assessment (HRA)	\$10* . Members who work with their PCP to complete their annual HRA will receive \$10**.
U.S. Preventive Services Task Force (USPSTF) Screenings	\$10* to \$30* annually. Reward for members who complete at least 3 USPSTF A or B screenings (\$10*) with their PCP at least annually. Maximum of 3 rewards annually for \$30* total.
Comprehensive Medication Review	\$10* annually.
Adult Well Visit	\$30* annually.
Child/Adolescent Well Visit	\$30* annually for ages 24 months to 21 years old
Tobacco Cessation	\$10* . Complete 6 Health Coaching sessions for tobacco, vaping, and e-cigarette cessation for Members 12 and up.
Flu Vaccine	\$20* annually. Reward for receiving annual Flu vaccine any time between September and April at participating pharmacies (only members age 19 or older can receive the flu vaccine at a pharmacy).
Redetermination Action	\$15*
Mental Health (MH) C.H.A.M.P.	\$20* . This program is intended to promote and reward youth and adults for engaging in training, volunteer work or peer support related to BH needs in their communities.
Welcome Home Kit	\$150* cash and non-cash value . For NH Healthy Families members who have been home displaced or community re-entry. The Welcome Home Kit provides household necessities and a \$50 Walmart gift card to assist members in becoming established in a home.
Notification of Pregnancy	\$100* within first trimester, \$50* within second trimester.
Postpartum Assessment	\$10* for completing a Postpartum Assessment with NH Healthy Families.
Future is Now	\$50* for completing one course, up to \$150* for completing all three courses Reward program for youth age 15-17, particularly Foster Care, who will be transitioning into adulthood. This 3 part education module will provide life skills and education to members regarding Health Care, Finances, and Life Skills.
Ready for My Recovery – Backpack	\$30* non-cash value . For Members who enroll into our Ready for My Recovery substance use program for members with opioid or alcohol misuse disorder.
Ready for My Recovery	\$25* for Members for engaging in recovery services for their full first month and then in 6 month increments \$30* for a total of \$115* .
Telehealth Visit After Mental Health Care	\$10*
Diabetes Care - A1C	\$30* . Reward for completing Hemoglobin A1C.
Diabetes Care - Eye Exam	\$30* . Reward for completing Retinopathy Screening (Dilated Eye Exam) each year.
Diabetes Self-Management	\$10* . Reward for members that participate in a Diabetes self- management program.
Infant Well Visit	\$30* annually for under 15 months of age.
Lead Screening	\$25* for 1 year olds.
Lead Screening	\$20* for 2 year olds.
HPV Vaccine	\$30* for 9-13 years old.
Monthly Healthy Behavior Raffles	Visit our website at NHhealthyfamilies.com or member handbook to learn more about the monthly raffles we offer.

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**The PCP must submit a claim for the HRA completion to qualify for the reward.